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TREATMENT

(Information from Food and Drug Administration)

GPO 16—19214

BEST TREATMENT: Rest in bed; liberal amounts of water, milk, lemonade, broth, etc.; better serve to help body combat colds and diminish likelihood of complications; less danger of spreading infection.

MEDICAL OPINION: There is no known drug or mixture of drugs which can be relied upon to prevent or cure colds.

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TYPES OF COLD MEDICINES

1. HEADACHE TABLETS, powders, effervescing preparations containing drugs like aspirin, acetanilid, acetophenetidin – no influence on cause of colds.

2. NOSE DROPS, inhalants, salves, ointments – containing menthol, camphor, etc.: Limited effect at best. Containing ephedrin, amphetamine, etc.; not safe for all people.

3. COUGH DROPS, cough syrups – more or less effective in temporarily relieving coughs, nothing else.

LABELS: Should clearly indicate just what the effects of the medicine with respect to this disease will be and, if necessary to avoid misunderstanding, just what the limitations of the medication are.

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